



Feed My Lambs  
John 21:15

# Maitland Lutheran School Newsletter

8th September 2023 - Term 3, Week 7

## SCHOOL CALENDAR

### Week 8

12 Sept - Pt Pirie Festival of Music  
12 Sept - Yr 11 Biology Excursion

### Week 9

**REMEMBER TO BOOK YOUR TICKETS FOR  
THE NIGHT OF MUSIC - TRYBOOKING**

19 Sept - Adelaide Festival of Music  
19 Sept - Yr 3 Planetarium Visit  
20 Sept - Yr 9/10 KO Basketball  
21 Sept - Yr 10/11 AG Expo Visit  
22 Sept - A NIGHT OF MUSIC - *Evolving*

### Week 10

27th Sept - Pupil Free Day  
29th Sept - End of Term 3 - Dismissal 1.55pm  
SRC Fundraiser - Jeans for Genes Day  
Gold Coin Donation

SUSTAINABLE

COOKING



# This Week's Message

I CAN DO ALL THINGS FOR I CAN DO EVERYTHING THROUGH CHRIST WHO GIVES ME STRENGTH – PHILIPPIANS 4:13

*For two years I had a plaque in my office with the above verse.*

*Reading this verse used to help me feel empowered - more confident and optimistic. I know that God will provide what I need each day - sometimes I just need that reminder to lean on him. It is a great message at times where we are uncertain or confused about difficult situations or decisions.*

*I do however have a bit of a problem with the word ALL in the message - I can do all things! Well I couldn't play basketball, I am a horrible golfer, I was never going to play cricket for Australia and I never played a league game of footy for Sturt. The list goes on.....*

*Today is no better. I can't visit my kids as often as I would like, I can't solve some of the questions and issues that can be presented to me daily, and I can't change the goal umpire's decision from the Crows game in round 23!*

*As we read the verse from Phillipians, it is worth remembering that God is God and we are not! If I try to be God and have my own agenda for each day - I can't do all things!*

*When I remember this is God's World and he has a plan for each day, I can be confident and at peace knowing I do have the strength to do ALL the things God wants from me today.*

*When I re-focus and ask God to show me his agenda for today I tend to calm and be more confident about what I do. Remember with God we CAN do all things!*

## FROM THE PRINCIPAL

*Thank you to all the parents and students who so strongly supported our SACE Info & Expo evening last Wednesday. We were thrilled to have Flinders and Adelaide Universities represented as well as the Kadina TAFE, Regional Skills Training Centre based at Arthurton, and the UniHub from Kadina. Our staff did a brilliant job of explaining the SACE pathways for our students and displayed the many subject opportunities we are able to offer. It is a privilege to be able to work with students through to Year 12 and our staff are doing an amazing job of catering for our students.*

*Congratulations to our Year 5/6 KO Netball Team on winning the Statewide Netball competition. A brilliant effort. We thank the wonderful support of the girl's parents, Mrs Jo Davey for coaching as well as our volunteer umpires Naomi Davey, Georgie Southwood and Rebecca Davey.*

*I would like to recommend our music showcase, A Night of Music - Evolving, to our school community that is coming up on Friday the 22nd of September. Each year our Music Program deepens and gains strength and momentum as our students progress through to higher year levels, gain more experience and confidence from entering competitions, and expand their repertoire. It is a fantastic night of music celebrating the talent and dedication of our music students - a night of great entertainment for our whole community, we would love to see you there.*





**REMINDER**

**REMEMBER TO BOOK YOUR TICKETS  
FOR THE NIGHT OF MUSIC -  
TRYBOOKING**

**MLS PUPIL FREE DAY - WEDNESDAY WEEK 10  
27TH SEPTEMBER**

**IF YOU ARE PLANNING ON TAKING YOUR CHILD TO THE FIELD  
DAYS, WE APPRECIATE YOU DOING IT ON THIS DAY**

**29TH SEPTEMBER - END OF TERM 3  
EARLY DISMISSAL AT 1.55PM**

**TERM 4 COMMENCES ON MONDAY 16TH OCTOBER**

## **CARE CORNER**



*School families in our prayers for week 7 & 8 are: Fred & Angus Redding, Lily Redding, Nash, Jave & Blair Ramsey, Nate Ramsey, India Rowntree, Matilda Carruthers-Murray, Thomas Rowe, Isabella Rowe, Willow Russell, Harley Rawlings & Kennedy Smith, Aleia Starick-Hosking, Lucy & Eli Sanderson, Matilda & Jack Southwood & Pearl Crawford.*

*“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”*

*Ephesians 4:32*



**BOOK CLUB DUE THURSDAY WEEK 8. ORDER  
ONLINE OR BRING MONEY IN A CLEARLY  
LABELLED ENVELOPE AND PUT IN A CLASS  
BOX. WINNERS OF BOOK WEEK CAN USE  
THEIR VOUCHERS.**

# MAITLAND LUTHERAN SCHOOL

proudly presents...

MUSIC, BOOK &  
LYRICS BY  
CRAIG HAWES

# STAR THE UMPIRE STRIKES BACK WARTS

THURSDAY 2ND NOVEMBER

FRIDAY 3RD NOVEMBER

7PM

MLS GYM

DOORS OPEN AT 6.15PM  
WITH REFRESHMENTS AVAILABLE  
FROM THE P&F BAR

DIRECTOR - REBECCA DAVEY

PRIMARY VOCAL ENSEMBLE

WITH DEB SCHWARTZ

TICKETS \$10

AVAILABLE  
ONLINE SOON



# NETBALL

On Monday we travelled to Adelaide to play in the final for 5/6 knockout netball. We started off strong and were determined to win. We quite comfortably won the first 2 games which put us through into the semi finals against Norwood which we also won, putting us through to the grand final. We played Bordertown in a very physical and tight game but we finished the last two quarters strong and came out with the win by 20. We ended up coming 1st out of 64 small schools which was a huge achievement. It was a great experience. We had an amazing time and we would definitely do it all over again. Thanks to the scorers, umpires and our coach.  
By Jayme, Summer, Maddie, Grace and Maysie



# BASKETBALL

Today the 5/6 SAPSASA basketball teams compete in the regional finals up at Kadina. We played 7 games against schools from Southern Yorke Peninsula, Northern Yorke peninsula, Mid North and Clare Valley.

It was great to see some great basketball skills and sportsmanship on display throughout the day. The boys had a very close competition winning 4 games and losing 3 games to finish fifth.



The girls finished the day in first place winning all 7 games and will now play in the state finals later in the year.

We would like to thank Mr Joel Emery for coaching the boys team and Mr Matt Howarth for umpiring and all parents who helped score on the day.



# YR 11/12 STATEWIDE BASKETBALL FINAL

On Friday 18th of August 2023, Maitland Lutheran School competed in the statewide Year 11/12 Boys & Girls Schools Basketball finals held at the Lights Community and Sports Centre in Adelaide. The boys qualified by winning the regional lead up tournament held in Kadina. Maitland Lutheran School also had 3 girls, Victoria Savage, Iesha Wanganeen, and Teya Wilson, selected to represent the Yorke Peninsula combined schools team, who also competed on the day.

The boys played 3 minor round games against Oakbank Area School, Aberfoyle Park High School and Birdwood High School, coming away with 2 wins against Oakbank and Birdwood and a narrow loss against Aberfoyle Park. This qualified us second in our pool, which meant we had to play the top placed Balaklava High School in the cross-over semi-finals. The boys played out of their skin against Balaklava, with the scores close all game. Unfortunately we came up 1 point short against an Andrew Gaze's nephew led Balaklava. This meant that Maitland Lutheran had to play off for third and fourth against Aberfoyle Park High, the only team they lost to in the minor round. Once again, the competition was fierce, with both teams going goal for goal over the course of the game. However, our boys elevated their game to the next level over the last 4 minutes of the game, to come out victors by 4 points to finish third overall on the day.

Balaklava went on to win the grand final by 20 points.

Victoria, Iesha and Teya all shone on the Yorke Peninsula combined girls team, with each playing an integral part in the team. Overall, the competition was extremely close in the girls competition with the Yorke Peninsula Combined team finishing fourth overall.



If you are interested in helping others in our school community by donating a meal or please contact Tenille.

A meal normally consists of a main meal and some kind of dessert or cake/muffins etc. Thank you for supporting our care program. (tenille.chambers@mls.sa.edu.au)



# MLS JEANS FOR GENES DAY

29th  
Sept

CASUAL CLOTHES DAY  
-ALL THINGS DENIM-

GOLD COIN  
DONATION

Sausage sizzle \$2  
\$2.50 with onion



CHILDREN'S  
MEDICAL  
RESEARCH  
INSTITUTE

Jeans for Genes®

# YEAR 10/11 CAMP



**During Week 6 of Term 3 the Year 10 and 11 students were able to go on their camp which is a valuable time of learning, sharing and fellowship with the students and teachers of our Home Groups.**

**The camp was designed as a balance between fun and recreational activities, and learning experiences of places in the city and how to navigate your way around the public transport and places of significance.**

**To begin we all loaded onto the bus on Monday morning 28th August and we went directly to Government House which is located in Adelaide on the corner of North Terrace and King William Road. We were able to have a tour of the building and we learned that it is the official residence of the Governor of South Australia who we met earlier this year when she visited our school.**

**We saw lots of official business, the sitting rooms and halls, the library and the ballroom, dining rooms and drawrooms as well as lots of pictures, paintings, silverware, flags and stained glass windows.**

**Next we went to the Go Kart racing and the Laser Skirmish which was awesome fun and exciting and the teachers took part also. We then went to our accommodation at West Beach Caravan Park in the Bunkhouse. We had some spare time to play on the Bouncy pillow and then we had our dinner of pizza.**

**Monday night's activities were either the Golf Driving Range or Mini Golf at Glenelg. It was a lovely evening. The next day we all arose and we could go for a beach walk if we wished. We then had breakfast and went to Glenelg to begin our Amazing Race and Scavenger Hunt. We arranged metro cards to take the tram into the city and then we had to find things along the way including a retro album cover, subway napkins and a 2011, 5 cent piece. We then took the city bus and we also had to visit certain places in the city such as the Central Market, the Courthouse, Rundle Mall, the Myer Food Court, the University of Adelaide, the Zoo, North Adelaide and the Colonel Light Statue and Memorial Drive Adelaide Oval. We then went over the footbridge to the train station and took the train to Pt Adelaide.**

**Tuesday night we went to the British Hotel for a meal down at Pt Adelaide. We then went Bowling for the evening at Woodville bowl. On Wednesday we had breakfast and a walk and then went to Bounce which was a fun outing of trampolining. We had subway for lunch and then headed for home.**

**Overall the camp was a great success with learning, fellowship and fun with great staff and great activities. Thanks for a great city experience.**



# YEAR 10/11 CAMP



# YEAR 10 – SUSTAINABLE COOKING



*Our Year 10 Food and Hospitality Class have been looking at sustainable cooking. They cooked with lemons which were picked from a tree here at the school.*

*Sustainable cooking practices not only benefit the environment but also contribute to healthier eating habits for ourselves and our communities.*

**Locally Sourced Ingredients:** *Using ingredients that are sourced locally reduces the carbon footprint associated with transportation. It supports local farmers, reduces reliance on long-distance shipping, and promotes fresher, seasonal produce.*

**Seasonal Eating:** *Consuming foods that are in season helps to reduce the energy and resources required to grow and store food out of its natural growing season.*

**Health and Nutrition:** *Sustainable cooking often involves choosing whole, minimally processed foods, which can contribute to a healthier diet. It encourages the consumption of fresh, seasonal produce that is rich in essential nutrients.*

## LEMON CAKE

100g butter, melted  
1 3/4 cup sugar  
2/3 cup cream  
3 large eggs  
1 large egg yolk

1 tsp vanilla extract  
zest of one lemon  
1 tbs lemon juice  
2 cups plain flour  
2 tsp baking powder

*Preheat oven to 180 degrees.*

*Line a 9-inch cake tin with baking paper.*

*Melt butter and let it cool a bit.*

*Add all ingredients but the plain flour and baking powder to a large bowl. Beat well with an electric beater. Then add flour and baking powder. Beat again until well combined and smooth.*

*Pour batter into the cake tin. Cook for approximately 40 minutes. Let cool and dust with icing sugar to serve.*



*This week our Foundation to Yr 6 classes were involved with Life Ed, who visited our school. Life Ed is designed to inspire and empower students, providing knowledge, skills and strategies around topics of physical health, safety and social and emotional wellbeing, all through interactive learning experiences.*



*Topics that were covered were:*

- **Identifying and practising assertive communications skills**
- **Practising emotional regulation skills such as mindful breathing**
- **Understanding how to respect ourselves and others**
- **Identifying characteristics of positive relationships**
- **Recognising safe and unsafe environments**
- **Behaviours that maintain friendships**
- **How to recognise, react and report unwanted contact, bullying or predatory behaviours**
- **Strategies to help maintain positive online and offline relationships**
- **How to build friendships and care for others**
- **Identifying and managing feelings and emotions**
- **Recognising body clues that let us know when we could be unsafe**
- **Safe people and places to seek help**





✦ INVITATION ✦

TO PARENTS AND CAREGIVERS  
OF SENIOR SCHOOL STUDENTS

YOU ARE INVITED TO THE  
MAITLAND LUTHERAN SCHOOL P & F

# FREE WORKSHOP WITH *Jo Minks*

*Are your children about to leave home?  
Do they have enough skills in the kitchen?*

Parents and Caregivers come along to this free workshop and learn some great tips to help your children with fast, easy, cheap and nutritious cooking!

**MONDAY 25 SEPTEMBER 2023**

**6.00PM - 7.30PM**

**Maitland Lutheran School, Multipurpose Room**  
**Tea, coffee and nibbles provided**

RSVP Bec H 0408 926 982

Be quick,  
spots are limited!

*Please note:*

*This workshop is specifically designed  
for parents and caregivers to attend*

# PORT HUGHES CLW AMAZINGRACE

Year 7-12

9 - 13 October

Port Hughes Accommodation Centre  
Bus transport available

\$245 per camper

\$10 sibling discount

First time campers \$20 only

Registrations close 24 September

For more information or to register: [blueprintministries.org.au/camps/port-hughes-clw/](http://blueprintministries.org.au/camps/port-hughes-clw/)



Blueprint  
ministries



Finance  
with a  
mission

SUNDAY 10TH  
SEPTEMBER 2023

## Family Picnic Day

EVERYONE IS WELCOME!



867 South Killkerran Rd, South Killkerran.  
Follow signs from St John's Lutheran Church.

**Informal service at 10am**  
**Followed BBQ lunch and fun activities**

BBQ lunch provided

Please RSVP to Nicky Mattschoss for catering purposes:  
0427392037



Chloe 10th September  
Kimberley 10th September  
Tori 10th September  
Brandon 11th September  
Levi 11th September  
Ryker 11th September  
Stella 11th September  
Percy 13th September  
Chloisha 15th September  
Seth 15th September  
Lara 16th September  
Asha 17th September  
Isaac 17th September  
Fletcher 18th September  
Billie 19th September  
Sophia 21st September  
William 21st September



**CY COUGARS NETBALL CLUB ARE RAISING MONEY TO RESURFACE THE NETBALL COURTS**

**WIN \$10 RAFFLE TICKET**



**SCAN THE QR CODE TO WIN ADELAIDE THUNDERBIRDS 2023 PREMERSHIP TEAM SIGNED DRESS**  
**WORN AND DONATED BY MAISIE NANKIVELL**

**Jandebrey**  
 WHITE SUFFOLKS



**25<sup>th</sup> Annual Ram Sale**

**Wednesday 20<sup>th</sup> September 2023**

**Maitland Showgrounds 1:30pm**

Inspection from noon – BBQ lunch provided

**70 Rams**

Ovine Brucellosis Accredited Free  
 Ovine Johne's Vaccinated

**Geoff & Tania Stock – Sandilands**  
 P. (08) 8839 2052 M. 0438 392 052  
 E. gt.stock@outlook.com

Tony Clark, Wardle Co. 0427 363 161 – Julian Burke, Nutrien 0458 542 615



*beloved*  
 henna, beauty station,  
 epic paint fight & more!

beloved is back for 2023!  
 gather your girls and join us for a  
 day filled with fun,  
 friendship and laughter!

saturday, september 30th  
 10.00am start, cost \$25  
 light church edithburgh

girls aged 11 - 18 years.

for more details and registration  
 contact Sarah-Jane 0433 240 691



**CHEERLEADING / TUMBLE  
 DANCE / POM CLASSES**

**AGES 4YO-ADULT / COMP & REC TEAMS**  
**VISIT OUR WEBSITE TO SIGN UP**

 [www.midnorthallstars.com.au](http://www.midnorthallstars.com.au)

 **CCSLC 1 Doswell Tce, Kadina**

 **@midnorthallstars**

 **72007208**



# COMMUNITY NOTICES

## Lutheran Church

### Times

**ALL WELCOME**

	Immanuel Kadina	St Paul's Maitland	St John's Sth Kilkerran
September 10th	9:30 am HC	10 am Combined Family Picnic Day @ picnic grounds, 867 Sth Kilkerran Rd, Sth Kilkerran	10 am Combined Family Picnic Day @ picnic grounds, 867 Sth Kilkerran Rd, Sth Kilkerran
September 17th	9:30 am HC	10 am LR	10 am LR



**SOUTH KILKERRAN**

Sunday School lessons held weekly during school term.



## MAITLAND JUNIOR TENNIS CLUB

Please register your interest to play Junior Tennis Saturday mornings by calling Carly Jarrett 0429 919 006. Parent helpers encouraged.



CENTRAL YORKE

# COUGARS

FOOTBALL CLUB

## ANNUAL GENERAL MEETING

To be held Monday 16th October 2023  
At 7pm in the Central Yorke Football Club  
Rogers Tce, Maitland.

All members, players & supporters are encouraged to attend.

Enquiries and apologies to

The Secretary: Fiona-Lee Buttfield

P: 0427 351 245 E: secretary@cyfc.com.au



## HAVE A BLAST

### Get into Woolworths Cricket Blast

It's a fun and active program for kids of all abilities, whether it's your first time with a bat or you're a backyard Cricket star!

### MAITLAND CRICKET CLUB - BLAST CRICKET

Starting Thursday 28th September at 3:15pm  
Maitland Town Oval

Participants aged 5 & up can register online by visiting  
<https://www.playhq.com/cricket-australia/register/eab117>

For more information please contact  
Lisa Schulz 0428 301 985

### JOIN YOUR NEAREST CLUB

Q Play Cricket



PROUDLY PRESENTED BY



## MAITLAND CRICKET CLUB

# PLAYERS NEEDED!

PLEASE CONSIDER CRICKET FOR YOUR CHILD & HELP KEEP JUNIOR CRICKET ALIVE ON THE YP

WE ARE SEEKING BOYS AND GIRLS INTERESTED IN PLAYING CRICKET IN THE 23/24 SEASON

U13 - JUNIOR COLTS and U16 - SENIOR COLTS

We welcome players of all abilities and those new to cricket. First training & registration information 28th September from 3:30pm - Maitland Oval



To register your interest or for more information, please contact Lisa Schulz on 0428 301 985

"And God raised the Lord and will also raise us up by his power."

1 Corinthians 6:14

## Maitland Lutheran School

23 Clinton Road, Maitland SA 5573

P: 08 8832 2288 E: info@mls.sa.edu.au

W: mls.sa.edu.au

To place a community notice please email [kelly.dyett@mls.sa.edu.au](mailto:kelly.dyett@mls.sa.edu.au)